

# WORKSHOP

## Handmade Beauty with Rose Oil

This workshop is about creating your own natural beauty products with the therapeutic properties of the traditional Bulgarian Rose essential oil.

Crafting in a friendly open air environment (depending on weather conditions) with a professional laboratory glassware and white protective clothes.

### ◆ INTRODUCTION

Introduction of the workshop conductor allowing people to learn the kind of beauties is going to be crafted.

### ◆ SAFETY INSTRUCTION

Before every workshop, we briefly check if there are people in the group with allergies and then everyone informed of the basic safety measures while crafting cosmetics.

### ◆ PREPARATION: HERBAL BUTTER

Before starting crafting every participant prepares herbal (Calendula/Chamomile) infused Shea butter which will be used in creating their own beauty products.

### ◆ 1st PRODUCT: ROSE BODY BALM

Each participant will have his/her own recipe which he/she can follow. While crafting the conductor will present the properties of every ingredient that are going to be used and why they are needed.

### ◆ TEA BREAK

Participants will be able to take a breath and enjoy a cup of aromatic rosebud tea.

### ◆ 2nd PRODUCT: ROSE LIP BALM

The flow of the work will be the same. There will be a question-answer session, presentation of other combinations, etc.

### ◆ 3rd PRODUCT: ROSE FACE TONIC

Preparation of a face tonic with Rose water, Aloe Vera and Hyaluronic acid.

